

# 4-H Diggings

AMADOR COUNTY YOUTH DEVELOPMENT

[www.ca4h.org](http://www.ca4h.org)

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**4-H Council Meeting**

The next 4-H Council meeting will be held on August 4, 2009 at the GSA small conference Room at the UCCE/Amador County, 12200 B Airport Road in Martell.

Please submit any articles about your club to [diggings4h@gmail.com](mailto:diggings4h@gmail.com) or mail them to UCCE/4-H Office, 12200 B Airport Rd, Jackson, CA 95642 by the middle of each month.

**Hold the Date ... Exciting, New Sectional Event**

North Central Section is excited to announce its First Annual Family & Consumer Sciences Field Day! Set for Saturday, October 24, 2009 at UC Davis. This day-long event features educational workshops for 4-H members 9 and older with sessions running concurrently all day. Members will have the opportunity to participate in up to six fun, educational sessions including:

Look for more details in upcoming issues of The Reporter and from your CCC Leader. Pre-registration is required and will be online in the Fall. Cost is \$10 for the first member from your family and \$5 for each additional member. Members don't have to be enrolled in any particular project to participate! Be part of something NEW and EXCITING ... you may find your next 4-H calling!

**Sticks and stones can break your bones,  
 But words will really hurt us....**

Mignonne Pollard, Ed.D.

In every code of conduct, it states that 4-Hers must maintain a certain level of respect and use language appropriately. This agreement extends to electronic media as well as in-person meetings and events. Ask yourself, "is it okay for a 4-H member to spread rumors at an event? Is it okay for a 4-H member to write insults on their Facebook page about each other or about staff? What happens at fair if someone plays an offensive song from an MP3 player or iPod? What if a 4-H member constantly calls someone else hurtful names?" These activities are not acceptable-they break the California 4-H code of con-

Food/ Nutrition	Clothing	Personal Consumer- ism
What's for Dinner Martha Meets Miss Manners Play With Your Food Smoothie "Throwdown" Got Jerky?	Strut Like Tyra Creative Cos- tuming Beadazzeling Project Run- way Fashion Frosting Sewing 101 Upcycling	What Not to Wear BOGO Fashion Cat Chairman of the Board

duct. We can help to prevent these situations with a little knowledge. Click [here](#) for the full article.



**Head** (was trained to think plan and reason);

**Heart** (to be kind true and sympathetic);

**Hands** (to be useful, helpful, and skillful); and

**Health** (to resist disease, enjoy life, and make for efficiency).

## 4-H Booth: Want to go to the California State Fair?

August 21 through September 7, 2009  
| Cal Expo in Sacramento

Applications Due: August 1, 2009  
<http://www.ca4h.org/wrp/statefair/>

The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth.

This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available.

Examples of community service projects also make for good stories to share with the public.

Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project.

Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Further, each shift must have an adult or older teen in the booth at all times.

## Funding Opportunities

<http://www.hfrp.org/out-of-school-time/ost-database-bibliography/bibliography> to access the California 4-H study and more. Consider bookmarking this site today for future citation and resource needs.

**Up2Us** is a coalition that is providing research on the subject of **Sports-Based Youth Development**. They have released the first 2 factsheets in a series that discuss the themes and research findings in the field of Sports-Based Youth Development. Visit: [http://www.up2us.org/index.php?option=com\\_content&view=article&id=2&Itemid=2](http://www.up2us.org/index.php?option=com_content&view=article&id=2&Itemid=2) to access both factsheets today. For any questions, contact Megan Bartlett at [mbartlett@up2us.org](mailto:mbartlett@up2us.org).



### Check Out New 4H Websites!

<http://4-h.org/b/Pages/Layouts/4h2online.html>

<http://4-h.org/partnerships/walmart/yvyc.html>

<http://4-h.org/d/Pages/Layouts/GroupPage48eb.html>

# LIVESTOCK NEWS

## Quality Assurance Training

California Exposition and State Fair.

Amador County Fair to host Dr. Celine Johnson, California State University, Chico College of Agriculture June 20, 2009 from 10:00 a.m. to noon in Pokerville Hall. Learn the latest information on the H1N1 Virus and your role as a livestock producer.

Dr Johnson will be presenting the Youth Quality Assurance Program in cooperation with the California Exposition and State Fair, California Department of Food and Agriculture and the Division of Fairs & Expositions. This program defines your responsibilities as a youth livestock producer and qualifies exhibitors to show at the

Dr Johnson will provide information on food safety hazards including; 1) Microbial contamination such as the H1N1 virus, E. coli and salmonella; 2) Chemical hazards such as drug residues; and 3) physical hazards including broken needles and bruising. We will be discussing practices that relate to food quality and production of a high quality project animal.

Everyone is invited to this informative event. For more information please contact Troy Bowers 245-6921 or ceo@AmadorCountyFair.com Download printable versions of this announcement.

[2009 Swine Influenza CDFA Fact Sheet](#)

[2009 Swine Flu Questions and Answers for Fair Exhibitors](#)

## Youth Development

The 4-H Center for Youth Development has released its second issue of the **California 4-H Cluster Updates**, a quarterly newsletter on recent developments in the statewide 4-H Youth Development Program staffing plan. Click [here](#) to read the full issue.

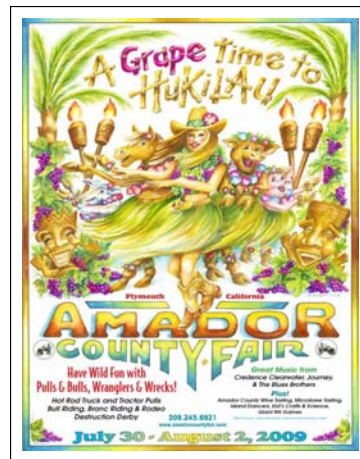
The research brief, **Exploring the Links between Family Strengths and Adolescent Outcomes**, discusses findings of family strengths as associated with better outcomes for adolescents in families with lower and higher incomes. Visit [http://www.childtrends.org/Files//Child\\_Trends-2009\\_04\\_16\\_RB\\_FamilyStrengths.pdf](http://www.childtrends.org/Files//Child_Trends-2009_04_16_RB_FamilyStrengths.pdf) to read the full brief.

The Harvard Family Research Project maintains a bibliography

database for **Out-Of-School Time Program Research and Evaluation studies**. The bibliography has recently been updated in April 2009 with 45 new entries added, among the new entries is the 4-H Afterschool studies of 3 California Counties: Life Skills Development. Visit, <http://www.hfrp.org/out-of-school-time/ost-database-bibliography/bibliography> to access the California 4-H study and more. Consider bookmarking this site today for future citation and resource needs.

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# Support the 4-H supporters!

## 2nd Generation

Amador Junior Livestock Auction

# BBQ Fundraiser

beef, chicken, beans, salad, bread, pasta

No-host bar Live Music

12 & under FREE

Raffle Prizes (\$2 Tickets):

\*2 chances @ a squeeze of HAY

\*NFR Tickets

\*Gift Baskets

\*4 chances at a 1/4 BEEF

Door Prize: \$500.00 Gas BBQ

Gun Raffle (\$20 each or 6/\$100)

\*Shotguns

\*Rifles

-----Tickets available at-----

Meeks, Feed Barn, Amador Vintners (Plymouth)

Ranchers Outlet, Ione Tack and Feed, Swensons, CLM

-----Or Contact-----

Jason Wolin 209-304-4340

Leland Schnieder 916-826-3091

Seth Seever 209-304-7471

June 20

5-12 P.M.

Eat at 6:30

Dinner \$25 Couples \$40